

4th Floor Conference Room

Boone County Courthouse

- I. **Call Meeting to Order:** by Dr. Mehlhaus at 5:30 pm
- II. **Attendance:** Present: Dr. Mehlhaus, Gary Nystrom, Kristine Johansen, Kriss Haglund. Absent: Shawn Bryant
Additional Attendees:
Debi Pestotnik, Public Health Administrator.
Ed Tharp- Code Enforcement Officer.
- III. **Changes & Approval of Previous Meeting Minutes 09/18/2023**
 - Motion by Gary Nystrom, 2nd by Kristine Johansen to approve minutes as submitted. The vote was unanimous, Motion carried.
- IV. **Changes & Approval of Meeting Agenda**
 - Motion by Kriss Hagland, 2nd by Kristine Johansen to approve agenda as submitted. The vote was unanimous, Motion carried.
- V. **Open Public Hearing(s) and Consideration of Request(s)**

None
- VI. **Unfinished (Old) Business**

A. None
- VII. **New Business.**

A. Justin Adams City of Boone Fire Chief – Presentation.
Justin gave a handout to the Board members with the costs of EMS supplies that are not provided by the Boone County Hospital. He also explained the five cells of the EMS bag. Each Cell in the bag has different things in it to be used in different situations. He talked about getting a

training program started for Boone EMS and the Boone Fire Department, Madrid Fire Department, and other surrounding areas. The Board members discussed the different items on the list with Justin explaining certain items used depending on the call. During the discussion the Board members ruled out some of the items due to not being related to the Opioid Settlement. They did agree that some of the items would fall under this settlement. They also discussed the costs of Life Flight and Mercy one doing some training locally for EMS personnel having trouble getting to Des Moines for mandatory training.

B. Jenn McEvoy – Community & Family Resources – Presentation.

Jenn gave a brief presentation on tobacco use and the use of e-cigarettes. She explained how there are over 4000 different chemicals that are burning at one time in a cigarette. She explained how e-cigarettes work and the different chemicals that are in the vapor. She said that each e-cigarette has the same amount of nicotine as 41 cigarettes. She talked about the side effects of Nicotine on the body. She then talked about the Quitline Iowa program to help people quit smoking and how that process works.

C. Shelly Zabel – Community & Family Resource – Presentation

Shelly talked about Opioid abuse and the different medication out there to help people get off their Opioid addiction. She also talked about recovery support services as people go through the process of getting rid of their addiction. She talked about the youth starting to experiment early, so they try to teach them when they are younger not to get started. She stated that there were over 230 Deaths in the state related to opioid abuse. She then broke down the statistics from Youth to Adult use. United Community Services is the largest recovery support service for opioid addiction. She talked about how the services work and the recovery coaching. They also help with clothing and hygiene products to help these people get and keep jobs. They also help them with gas cards and bus passes because most of the people have trouble getting to their appointments, because they

usually must go out of town to get to their meetings. Their program also can help with dental, eyeglasses, help pay rent and utilities. She then explained their proposal to the Board for possible opioid settlement funding to help continue their mission of educating youth and adults. She gave statistics on opioid prescriptions which were up from passed years. She stated that this money would help to put a person in this area that these people can come to without traveling a distance to get help. She stated that one of the biggest problems is these people don't show up for their treatment because there is no one locally. She said the hiring of a navigator would help solve this problem. Shelly then answered questions from the Board as they went through the proposals.

D. Expenditures Possibility Boone County Sheriffs Department Tru Narc Drug Sniffing Machine.

Dr Mehlhaus talked about this machine to the Board and said that they had tabled it in the past. He talked about how it works. The Board discussed the use of the machine and if it would benefit the Sheriffs Department. They thought that it would help the officers identify certain drugs and it would also improve their safety. The Board went over all the costs for the machine.

VIII. Department Update

A. Public Health Department Report – Debi Pestotnik, Public Health Administrator was absent from the meeting and Dr. Brian Mehlhaus gave a brief update on Covid.

B. Health and Sanitation Department Report.

Ed Tharp, Code Enforcement Officer.

Gave an update on the Wastewater Infrastructure Grant and said that they are still waiting on 18 for approval.

He had a couple of nuisance complaints that he had been working on. So far, the property owners have been Compliant.

IX. Adjournment

Dr. Brian Mehlhaus entertained a motion to adjourn. Kriss Haglund moved for adjournment, 2nd by Kristine Johansen to adjourn the meeting at 7:11 pm. The vote was unanimous, Motion carried.

Next Meeting January 16th, 2024, 5:30 p.m. at Boone County Courthouse: 4th Floor Conference Room.

Respectfully Submitted

Ed Tharp, Secretary.