

4<sup>th</sup> Floor Conference Room

Boone County Courthouse

- I. **Call Meeting to Order:** by Vice Chairman Kriss Haglund at 5:30 pm
- II. **Attendance:** Present: Kriss Haglund, Kristine Johansen, Shawn Bryant.  
**Absent:** Dr Brian Mehlhaus, Gary Nystrom.  
**Additional Attendees:**  
Lydia Billings, Public Health Administrator.  
Ed Tharp, Code Enforcement Officer.
- III. **Changes & Approval of Previous Meeting Minutes (11/18/2024).**
  - Motion by Shawn Bryant, 2<sup>nd</sup> by Kristine Johansen to approve minutes as submitted. The vote was unanimous; Motion carried.
- IV. **Changes & Approval of Meeting Agenda**
  - Motion by Kristine Johansen, 2<sup>nd</sup> by Shawn Bryant to approve agenda and agenda changes. The vote was unanimous, Motion carried.
- V. **Open Public Hearing(s) and Consideration of Request(s)**
  - A. None.
- VI. **Unfinished (Old) Business**
  - A. None.
- VII. **New Business.**

A. Jeannette Flynn - YSS presentation. Jeannette was accompanied by Savannah Strahan and Mandy Schrank. Each of them told a little about themselves and what they do at YSS.

Jeannette went through and explained what they had been doing with the money they received in 2023. She talked about how that program worked for the schools and the Hide in Plain Sight trailer that they put together to educate parents on how things can be hidden in plain sight.

She then talked about the opioid epidemic and how fentanyl is in everything. Even if you go to a dispensary, they are trying to enhance the marijuana to change the effects of it. She said that it is highly likely that it has some sort of opioid on it. She has been working on educating people on drug overdoses and she has been doing a lot of Narcan training. She said that the overdoses that they have been seeing are from kids using prescription medications from family members. These prescriptions are for someone that maybe twice their size and it is just too much for them. She said that getting people to understand this and to keep prescription medication access to just who the medication is for. She also said that they are trying to get people to understand that Fentanyl is evil, and people are putting it on everything.

Savannah Strahan, the Lead Specialized Prevention Services Coordinator for YSS went through a slide show presentation.

She talked about that she goes in and out of schools talking about drug prevention and what different curriculums she uses. Currently she is in Story County but wants to get more funds to bring this into Boone County. The curriculum she has been using is called To Good for Drugs. She said that this curriculum is geared for kindergarten to 12<sup>th</sup> grade. She went through what is in the curriculum and how it works. She said they talk about all the different kinds of drug and opioids, prescription drugs, nicotine and alcohol. In the higher grades they talk about Marijuana and other drugs as well.

She talked about Objectives.

Noticing the signs of substance use. How to make an environment safe from substances. How to respond when it is suspected someone is under the influence.

She talked about how the brain works with addiction. She said that first time users of meth especially, they try to get the same felling they got when they first tried it. They never get there again.

She went on to talk about common substances that High School students have reported using in the last 30 days. She gave the statistics of Alcohol use, Prescription Medications, Marijuana, E-Cigarettes and Tobacco.

She then talked about Methamphetamine. How it was a stimulant, and it was commonly a white, odorless crystalline powder. She also talked about the short-term effects and the long-term effects of using it. She talked about prescription medications and the differences between Opioids and Opiates and the most common prescriptions. She emphasized on fentanyl and how potent it is. She showed what a lethal dose looked like for Heroin, Fentanyl and Carfentanil.

She showed some pictures of some of the pills that the DEA have been finding during there One Pill Can Kill campaign. It showed what the real pill looked like and what the fake ones look like.

She said she could not tell the difference between these two pills. A lot of these overdoses are by accident due to people getting these pills from other people and who knows who they got them from.

She also talked about Marijuana and how the THC chemical in it works in the brain. She said that it's use is on the rise, because of the different ways to ingest it. Edibles and gummies are becoming very popular. She then talked about the HIPS program that YSS runs. It sands for Hidden in Plain Sight. She showed the board the products that are available online that just about anyone can buy to hid drugs or paraphernalia in plain sight. Jeannette and Savanah then showed the board all the different items that they purchased right here in the city of Boone. The board members were surprised at the edibles and the paraphernalia that they were shown.

They went through and explained every edible and paraphernalia item they bought and how it worked. They talked about new ways to use THC oils and how it is turned into a wax and can be inhaled.

Jeannette then talked about training parents with the Hiding in plain sight trailer and how she has been training people with Narcan. She said that she just did a training with Narcan at the Boone high school.

She talked about the trailer that they had built for training adults to know what to look for when they suspect their kid are hiding drugs in their bedroom. The inside of the trailer looks like a bedroom. They send the adults into look around and see what they find. Then they take them back into the trailer and show them what they missed.

The board had questions about the funding that YSS received from them in 2023 and if they had any information on how the money was spent and how it benefitted the community. Jeannette said that they were working on a putting all the data that was gathered and putting it into a report for the board to look at. She said that the Boone Community School District has reached out to YSS for help with holding students accountable for vaping and substance abuse in the schools. They are unable to deal with the problem.

Mandy Schrank of YSS then talked to the board about the amount of funding that they are requesting. She said that they had been trying to figure out a way to start a early intervention program in Boone County. Then the Boone Community School District contacted them and that was the way to start. She explained what the funding was for as she went down each line item in the proposal. She said that they applied for grant funding for this type of program, but it could be months before they might get some funding. If they did it would be enough for the Boone Community Schools, but they wanted to be able to expand the program to include the surrounding areas of Boone County also. With this Opioid Funding, they could expand to the surrounding area schools of Boone County.

Jeannette then talked about how the early intervention program works, and the three tiers of the program. The Boone Community School District wants them to start this program as soon as they have funding. The program will be geared toward kindergarten through eighth grade. Then they will expand into the high school.

Jeannette continued talking about the different areas of the proposal and what would be dedicated to Boone County.

Jeannette, Savannah and Mandy from YSS thanked the board for letting them present their proposal to them.

The board then discussed the proposal and talked about it with each other and Kriss Haglund entertained a motion, motion by Kristine Johansen 2<sup>nd</sup> by Shawn Bryant to approve the funding of the YSS proposal for \$189,844.00. The vote was unanimous, motion carried.

The all-board members welcomed Lydia Billings to the Board of Health.

## **VIII. Department Update**

- A. Public Health Department Report – Lydia Billings, Public Health Administrator talked about all that she oversees now, and she said that she is busy. She oversees Public Health, Home Care, Adult Day Center, Meals on Wheels and Home Making. She talked about immunization rates. She said that our HPV vaccination rates are not that good. They are at 57 percent. This is a little over half of the 1900 kids that started the series and finished it. She talked about going to a conference in April to learn more about how to increase the number of vaccinations. Public Health only covers the cost if the people do not have insurance or help if they are under insured. She talked about rates for vaccinations at two years old are at 77 percent out of 308 kids in that group. Raw milk sales were discussed but it is not sold to individual in Boone County. The concern was brought up due to the Bird Flu and how it is transferred

though animals. She said that she is coordinating with Stacy Besch of Team Iowa. She goes around and presents on the film Grid Shock. This a documentary based on sex trafficking in the state of Iowa. She said that she has put out flyers all over town to make sure the word gets out the presentation at the Boone High school auditorium on January 30<sup>th</sup> at 7pm. She said that she is going to have an intern from ISU until May 15<sup>th</sup> for Public Health. They are getting ready to start up the Community Health needs assessment help and improvement plan program.

#### B. Health and Sanitation Department Report.

Ed Tharp, Code Enforcement Officer.

Gave an update on a large septic systems going in at Nittobo America here in the county. He talked about a complaint on a house in Moingona that was abandoned and left unsecured. He was out to the house and tried to secure it the best he could. He tried contacting the homeowner and the bank that has the paper on the house but nothing yet. He said that the office on Friday 17<sup>th</sup> they broke a record for the most passports done in one day. 24.

#### IX. Adjournment

Kriss Haglund entertained a motion to adjourn. Motion by Kristine Johansen, 2<sup>nd</sup> by Shawn Bryant to adjourn the meeting at 7:19pm. The vote was unanimous, Motion carried.

**Next Meeting March 17th, 2025, 5:30 p.m. at Boone County Courthouse: 4th Floor Conference Room.**

**Respectfully Submitted**

**Ed Tharp, Secretary.**